

Classes	Mon	Tues	Wed	Thurs	Fri	Sat
Machado Jujitsu	800pm	600pm	800pm	600pm		1100am
MMA		11-1230p 7-9pm		11-1230p 7-9pm		1100am
No Gi Jujitsu		800p		800p		1100am
Family Kickboxing	700pm		700p			
Kids MMA/BJJ 7-13yrs	600pm		600p			1100am
Cub Club 4-6 yrs		530pm		530pm		
MMA Striking/ Muay Thai Kickboxing	500pm	700pm	500pm	700pm		1100am